




September 2022



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 NO SCHOOL	2 NO SCHOOL	3
4 Alternate Lunches: Chicken Wraps w/ lettuce & cheese; Tuna or Egg Salad sandwich;	5  HAPPY LABOR DAY!	6 Chicken Tenders Seasoned Noodles Broccoli Carrot Sticks Canned/Fresh Fruit	7 Rotini W/ Meat Sauce WG Roll Green Beans Romaine Salad Canned/Fresh Fruit	8 Stuffed Crust Pizza Broccoli Spinach Salad Canned/Fresh Fruit	9 Hard Shell Tacos Corn Baked Beans Romaine/Cheese Canned/Fresh Fruit	10 Lunch: \$3.85 Extra helping: \$1.50 Milk: 65¢
11 Deli Turkey or Ham; Hotdog; PBJ; Salad or Yogurt Fun Packs	12 Chicken Patties On a WG Roll Mashed Potatoes Carrot Sticks Canned/Fresh Fruit	13 Loaded Nachos Corn Baked Beans Meat/Cheese Canned/Fresh Fruit	14 Chicken Wrap On a WG Wrap Green Beans Fresh Pepper Cups Canned/Fresh Fruit	15 Personal Pan Pizza Peas Spinach Salad Canned/Fresh Fruit	16 French Toast Sticks Sausage Hash Brown Cauliflower Canned/Fresh Fruit	17 Milk: Fat Free Chocolate 1% Skim
18	19 Popcorn Chicken Seasoned Rice Broccoli Carrot Sticks Canned/Fresh Fruit	20 Soft Shell Tacos Corn Baked Beans Romaine/Cheese Canned/Fresh Fruit	21 Bacon Cheese-burger on a WG Roll Tatar Tots Green Beans Canned/Fresh Fruit	22 Bagel Pizza Cauliflower Romaine Salad Canned/Fresh Fruit	23 Mac-N-Cheese Cauliflower Cucumber Cup WG Roll Canned/Fresh Fruit	24 Everyday lunch is served with fresh/ canned fruit
25 This Institution is an equal opportunity and employer.	26 Chicken Tenders Broccoli Carrot Sticks WG Roll Canned/Fresh Fruit	27 Traveling Tacos Corn Baked Beans Meat/Cheese Canned/Fresh Fruit	28 Stuffed Crust Pizza Romaine Salad Cucumber Cups Canned/Fresh Fruit	29 Chicken wrap Mashed potatoes Carrot/celery cup Fresh/canned fruit	30 Subway Day  No Cafeteria Lunch	 BACK TO SCHOOL