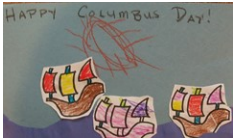





October 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 <i>Alternate Lunches: Chicken Wraps w/ lettuce & cheese; Tuna or Egg</i>	3 <i>Chicken Patties On a WG Roll Mashed Potatoes Carrot Sticks Canned/Fresh Fruit</i>	4 <i>Loaded Nachos Corn Baked Beans Meat/Cheese Canned/Fresh Fruit</i>	5 <i>Rotini W/ Meat Sauce WG Bread Green Beans Romaine Salad Canned./Fresh Fruit</i>	6 <i>Stuffed Crust Pizza Broccoli Romaine Salad Canned/Fresh Fruit</i>	7 <i>NO SCHOOL</i>	8 Lunch: \$3.85 <i>Extra helping: \$1.50 Milk: 65¢</i>
9 <i>Salad sandwich; Deli Turkey or Ham; Hotdog; PBJ; Salad or Yogurt Fun Packs</i>	10 <i>NO SCHOOL</i> 	11 <i>Hard Shell Tacos Corn Baked Beans Romaine/Cheese Canned/Fresh Fruit</i>	12 <i>Ham/Cheese on a Pretzel Roll Green Beans Carrot Sticks Canned/Fresh Fruit</i>	13 <i>Personal Pan Pizza Broccoli Romaine Salad Canned/Fresh Fruit</i>	14 <i>French Toast Sticks Cauliflower Sausage Hash Brown Canned/fresh Fruit</i>	15 <i>Milk: Fat Free Chocolate 1% Skim</i>
16	17 <i>Chicken Tenders Broccoli Carrot Sticks WG Bread Canned/Fresh Fruit</i>	18 <i>Traveling Taco Corn Baked Beans Meat/Cheese Canned/Fresh Fruit</i>	19 <i>Bacon Cheeseburger Tatar Tot Fresh Pepper Cup Canned/Fresh Fruit</i>	20 <i>Stuffed Crust Pizza Peas Romaine Salad Canned/Fresh Fruit</i>	21 <i>Mac-N-Cheese Cauliflower Cucumber Cup WG Bread Canned/Fresh Fruit</i>	22 <i>Everyday lunch is served with fresh/ canned fruit</i>
23	24 <i>Popcorn Chicken Seasoned Rice Broccoli Carrot Sticks Canned/Fresh Fruit</i>	25 <i>Soft Shell Tacos Corn Baked Beans Romaine/Cheese Canned/Fresh Fruit</i>	26 <i>Chicken/Gravy Peas/Carrots Mashed Potatoes Biscuit Canned/Fresh Fruit</i>	27 <i>Bagel Pizza Cauliflower Romaine Salad Canned/Fresh Fruit</i>	28 <i>Subway Day</i>  <i>No Cafeteria Lunch</i>	29
30 <i>This Institution is an equal opportunity and employer.</i>	31 <i>Chicken Wraps On a WG Wrap Green Beans Carrot Sticks Canned/Fresh Fruit</i>					

