| WISHING YOU A BLESSED <br> NEW YEAR <br> For I know the plans I have for you: declares the Lord, 'plans to prosper you and not to harm you. plans to give you hope and a future. TEREMIAH 29:11 |  |  |  |  |  |  |
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|  | (1) Mon | Tue | Wed | Thu | Fri | Sat |
|  | 1 <br> NO SCHOOL | 2 Chicken Tenders <br> Seasoned Noodles <br> Broccoli <br> Carrot Sticks <br> Canned/Fresh Fruit | 3 Rotini W/ Meat Sauce WG Bread Green Beans Romaine Salad Canned/Fresh Fruit | 4 Stuffed Crust Pizza <br> Corn <br> Carrot Sticks <br> Canned/Fresh Fruit | 5 French Toast Sticks <br> Sausage <br> Cauliflower <br> Hash Brown <br> Canned/Fresh Fruit | 6 <br> Lunch: ${ }^{\text {s }} 3.85$ <br> Extra helping: ${ }^{\$} 1.50$ <br> Milk: 65ф |
| If your child has a food allergy, please notify us! | 8 Chicken Patties on a <br> WG Roll <br> Mashed Potatoes <br> Broccoli <br> Canned/Fresh Fruit | 9 Loaded Nachos <br> Corn <br> Baked Beans <br> Meat/Cheese <br> Canned/Fresh Fruit | 10 Chicken/Gravy <br> Peas/Carrots <br> Mashed Potatoes <br> Biscuit <br> Canned/Fresh Fruit | $11 \text { Bagel Pizza }$ <br> Broccoli <br> Romaine Salad <br> Canned/Fresh Fruit | 12 Mac-n-Cheese <br> Green Beans <br> Cucumber Cups <br> WG Bread <br> Canned/Fresh Fruit | 13 <br> Milk: <br> Fat Free Chocolate 1\% <br> Skim |
| 14 Alternate <br> Lunches: <br> Chicken Wraps w/ lettuce \& cheese; <br> Tuna or Egg <br> Salad sandwich; | 15 | 16 Hard Shell Tacos Corn <br> Baked Beans <br> Meat/Cheese <br> Canned/Fresh Fruit | 17 Bacon Cheese- <br> burger on a roll <br> Tatar Tots <br> Pepper Cups <br> Canned/Fresh Fruit | $18 \text { Big Daddy Pizza }$ <br> Peas <br> Romaine Salad <br> Canned/Fresh Fruit | 19 Toasted Cheese <br> Tomato Soup <br> Glazed Carrots <br> Crackers <br> Canned/Fresh Fruit | 20 |
| 21 Deli Turkey or Ham; Hotdog; PBJ; Salad or Yogurt Fun Packs | 22 Popcorn Chicken <br> Seasoned Rice <br> Broccoli <br> Carrot Sticks <br> Canned/Fresh Fruit | 23 Traveling Tacos Corn <br> Baked Beans <br> Meat/Cheese <br> Canned/Fresh Fruit | 24 Mozzarella Sticks <br> Mariana Sauce <br> Green Beans <br> Carrot Sticks <br> Bread Stick <br> Canned/Fresh Fruit | 25 Stuffed Crust Piz- <br> za <br> Corn <br> Romaine Salad <br> Canned/Fresh Fruit | 26 <br> Subway Day <br> No Cafeteria Lunch | 27 |
| 28 This Institution is an equal opportunity and employer. | 29 Chicken Wraps <br> On a WG Shell <br> Seasoned Fries <br> Broccoli <br> Canned/Fresh Fruit | 30 Soft Shell Tacos <br> Corn <br> Baked Beans <br> Meat/Cheese <br> Canned/Fresh Fruit | 31 Rotini W/ Meatballs and Sauce WG Bread Green Beans Romaine Salad Canned/Fresh Fruit |  |  |  |

